

Information for Cambridge BioResource Volunteers Food Choices Study

What is the purpose of the study?

In this study we hope to improve our understanding of the factors that influence food choices and preferences in adults.

Do I have to take part?

Taking part is entirely voluntary and there is no penalty or loss to you if you decide to withdraw. You may withdraw from the study at any stage without explanation by simply closing the browser window in the middle of the task. You can also contact us after completing the task if you would like any data we have already collected from you to be destroyed.

What will I need to do?

The study involves a single session lasting approximately 20 to 30 minutes. You need to complete the testing session in one go, or your data will be lost.

The task will take place entirely at your own computer. Images will be presented on the screen and you will be asked to make judgements about them.

In order to know a bit more about you and your current state we will ask you questions about yourself (e.g. age, gender) and how you are feeling at the time of taking part in the study (e.g. how hungry you feel). We will also ask you to fill out some questions about your usual eating practices.

What are the possible risks of taking part?

The tasks used in this study are not harmful, and are not considered stressful or unpleasant.

What are the possible benefits of taking part?

We hope that taking part is interesting, but there is no particular intended benefit to the individual participants. As thanks for taking part in the study, you will be sent £3 in vouchers redeemable at a wide range of retail outlets. We won't need to take any payment details from you as payment will be arranged via the BioResource.

What will happen to my personal data – will it be confidential?

The data collected from your participation will be treated as confidential and will be identified only by a code, and stored on a secure network. Personal details will be kept in a locked file or secure computer with access only by the immediate research team.

What will happen to the results from the research project?

Once data from a large number of participants are combined and analysed, the findings will be included in a number of publications for different audiences, which will be produced between Summer 2013. Results will also be presented at conferences and written up in academic journals. No individual data will be presented.

You will be given the opportunity to leave an email address so that you can be sent a report summarising the findings of the research. You can access other publications from this research and related studies being conducted by our colleagues in the Behaviour and Health Research Unit at <http://www.brhu.iph.cam.ac.uk/>.

Who is organising and funding the research?

The research is being conducted by the Behaviour and Health Research Unit at the University of Cambridge. The Behaviour and Health Research Unit is funded by the Department of Health.

Ethical Review of the Study

The project has received ethical approval from the Psychology Research Ethics Committee of the University of Cambridge.

If you would like more information

You may have some questions and we would be very happy to discuss these with you. Please don't hesitate to contact us using the email address below:

Dr. Suzanna Forwood suzanna.forwood@medschl.cam.ac.uk

Or

Prof Theresa Marteau (Principal Investigator) Theresa.marteau@medschl.cam.ac.uk

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