

9th Annual Scientific Meeting
Examination School, University of Oxford

DAY 1- Monday - Timetable

Time	Session	Speaker/Chair	Room
09:00	Registration	Monday 9 th December 2013	TBC
10:00	Welcome	Paul Aveyard, President, UKSBM Annie Anderson, Chair of the NPRI Scientific Committee	
10:15	Keynote	Professor Judith Green	
11:05	Parallel sessions A 4 talks of 15 minutes plus 3 minutes changeover	<i>Workshop: BCT Taxonomy v1</i> (Susan Michie, Wendy Hardeman, Caroline Wood and Marie Johnston) & The building blocks of behavioural weight management programmes: a systematic review and meta-regression to determine 'active ingredients' (Jamie Hartmann-Boyce)	
		<i>Workshop: Real-time investigation of nurses' work stress: work tasks, theoretical determinants and retention</i> (Barbara Farquharson, Derek Johnston, Martyn Jones, Marie Johnston) & How does mood at work contribute to overall feelings of stress? A study of real-time mood during work related to overall perceived stress (Cheryl Bell)	
		<i>Parallel Session:</i> <ul style="list-style-type: none"> ☛ The use of financial incentives and taxes ☛ Economics and population health ☛ Behaviour change ☛ Physical activity and exercise 	
12:20	Lunch & Meetings	• NPRI scientific meeting	
		All other delegates eat lunch and relax Perhaps round table lunch sessions with senior scientists (networking tables)	
13:30	Early Career Award		
13:35	Prize winning presentations	★ Football Fans in Training (FFIT): a randomized controlled trial of a gender-sensitive weight loss and healthy living programme delivered to men aged 35-65 via Scottish Premier League (SPL) football clubs - (Sally Wyke, Cindy Gray, Kate Hunt) ★ You can't prime all of the people all of the time: the impact of hunger and education on priming a healthy eating goal – (Suzanna Forwood, Gareth Hollands, Amy Ahern, Theresa Marteau)	
14:10	Parallel sessions B 4 talks of 15 minutes plus 3 minutes changeover	<i>Workshop: Personalised genomics and prevention</i> (Jane Wardle, Professor Colleen McBride, Dr Nora Pashayan and Susanne Meisel)	
		<i>Workshop: How to optimize e-public health</i> (Nikki Newhouse, James Brown, Lucy Yardley, Susan Michie)	
		<i>Parallel Session:</i> <ul style="list-style-type: none"> ☛ Smoking, stress and Alcohol ☛ Tobacco control ☛ Healthy lifestyle in pregnancy and childhood ☛ Habits and medication adherence 	
15:25	Poster presentations	With tea/coffee and fruit (2 min Poster presentation)	
16:25	Keynote	Professor Robert West 'The science, politics and economics of tobacco control: How can we get best bang for our bucks?'	
17:15	UKSBM AGM	UKSBM AGM members	
18:00	Break		
19:30	Wine reception	Randolph Hotel	
20:00	Dinner	Randolph Hotel	
22:00	Social event	Randolph Hotel	

9th Annual Scientific Meeting
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DAY 2- Tuesday - Timetable

Time	Session	Speaker/Chair	Room
08:30	Registration	Tuesday 10 th December 2013	
09:00	Keynote	Professor Susan Jebb	
09:50	Parallel sessions C 4 talks of 15 minutes plus 3 minutes changeover	<i>Workshop: Using the draw of professional football clubs to engage men in making sustained weight and positive lifestyle changes; how, why and for whom is Football Fans in Training (FFIT) effective?</i> (Sally Wyke, Kate Hunt, Cindy Gray) & <i>The only thing I dinnae have any control over is tea, cos she makes it'': How do family members feature in men's accounts of taking part in the Football Fans in Training weight-management and healthy-living program?</i> (Alice MacLean)	
		<i>Workshop: Behaviour change interventions in commercial & industry settings: considerations in development, implementation and collaborative working</i> (John Weinman)	
		<i>Parallel Session:</i> <ul style="list-style-type: none"> ● Theory-based interventions ● Food choice and dietary inequalities ● RCTS, trial logistics and patient safety ● Emotions and knowledge in management of long-term conditions 	
11:05	Poster presentations	With tea and coffee (2 min Poster presentation)	
12:00	Parallel sessions D 4 talks of 15 minutes plus 3 minutes changeover	<i>NPRI workshop: Natural experiments: success and challenges</i> (Gavin Malloch and Annie Anderson)	
		<i>Parallel Session:</i> <ul style="list-style-type: none"> ● Weight management, Part 1 ● Ageing and emotional wellbeing ● Health professional and education, and family and social determinants ● Complex interventions, novel delivery methods, and trial issues ● Problem drinking 	
13:15	Lunch & Meetings	<ul style="list-style-type: none"> ● UKSBM Early Career Network 	
		All other delegates sit and relax or meet the senior scientist session	
14:25	Parallel sessions E 4 talks of 15 minutes plus 3 minutes changeover	<i>Workshop: Finding Funding for Fellowships – how to get a grant</i> (Anne Helme with Representatives from CRUK, MRC, MIHR) & <i>Process evaluations of complex public health interventions: new MRC guidance</i> (Graham Moore, Janis Baird)	
		<i>Workshop: Collaborating with young people on public health research through a research advisory group</i> (Hayley Reed) & <i>Translating knowledge for healthcare practice: mapping information sources</i> (Sharon Mickan)	
		<i>Parallel Session:</i> <ul style="list-style-type: none"> ● Stroke, blood pressure, and stress ● Weight management, and physical activity, Part 2 ● Systematic Reviews 	
15:40	Break	Tea and coffee	
16:10	Keynote	Professor Laurence Moore	
17:00	Close	Goodbye and hello from the new venue	

Day 1 - Monday December 2013 - Parallel sessions A, 11:05 - 12:20

Chair	n/a	n/a	Rachna Begh	Holly Blake	Jean Adams	Frank Eves
Room						
	Workshop	Workshop	The use of financial incentives and taxes	Economics and population health	Behaviour change	Physical activity and exercise
11:05 – 11:20	BCT Taxonomy v1 (Susan Michie; Wendy Hardeman, Caoline Wood, Marie Johnston) & The building blocks of behavioural weight management programmes: a systematic review and meta-regression to determine 'active ingredients' (Jamie Hartmann-Boyce)	Behaviour change interventions in commercial & industry settings: considerations in development, implementation and collaborative working (John Weinman)	The utility of monetary contingency contracts for weight loss: A systematic research review and meta-analysis Bianca Sykes	Income, Income Rank and Depression: Evidence from the UK and the US Hilda Osafo-Hounkpatin	Consulting for osteoarthritis: evaluation of a behaviour change intervention (BCI) Mark Porcheret	Motivation matters: Rheumatoid arthritis patients' motivation predicts psychological well-being above and beyond physical activity behaviour Peter Rouse
11:23 – 11:38			Practical considerations in developing a financial incentive scheme for breastfeeding: A qualitative study of stakeholders' views Barbara Whelan	Measuring the Cost Effectiveness of Weight Management, Diet and Activity Interventions Graham Lister	Are Motivational Interviewing (MI) based interventions effective at improving health behaviours for people with Diabetes mellitus? A Systematic Review Ashlee Mulimba	Implications of objectively-assessed physical activity and function for health and well-being in older adults: Results of OPAL-PLUS three to four year follow-up Kenneth Fox
11:42 – 11:57			Food taxes and subsidies: Does cumulative evidence support their use? Ian Shemilt	Very low calorie diets are effective and acceptable among people with type 2 diabetes: a meta-analysis Lucia Rehackova	Testing the Process Model for Behaviour Change in a Weight Loss Intervention Fiona Gillison	Increased physical activity improves sleep outcomes in sedentary people with insomnia: a Randomized Controlled Trial Iuliana Hartescu
12:01 – 12:16			Financial incentives for changing habitual health-related behaviours: a systematic review and meta-analysis Eleni Mantzari	Identifying the behaviour Change Techniques used in cost-effective interventions targeting five health behaviours: smoking, diet, physical activity, alcohol and sexual health Emma Beard	Developing a theory-based intervention to reduce cardiovascular disease risk in people with severe mental illness: Findings from a systematic review and focus group study Lou Atkins	Physical activity recommendations, short spells of everyday activity, and cardiometabolic risk in US adults David McMinn

Day 1 - Monday December 2013 - Parallel sessions B, 14:10 - 15:25

Chair	n/a	n/a	Amanda Farley	Paul Aveyard	Amanda Daley	Nicola Lindson-Hawley
Room						
	Workshop	Workshop	Smoking, Stress, and Alcohol	Tobacco control	Healthy lifestyle in pregnancy and childhood	Habits and medication adherence
14:10-14:25	Personalised genomics and prevention (Jane Wardle, CRUK)	How to optimize e-public health (Nikki Newhouse, James Brown, Lucy Yardley, Susan Michie)	Smokers actively navigate their social networks when attempting to quit Caroline Smith	Association of training and treatment guidelines with successful provision of stop smoking support Leonie Brose	Recruiting to a trial of an infant feeding intervention: Lessons from the Baby Milk Trial Fiona Whittle	Evidence that self-affirmation improves treatment adherence in patients receiving haemodialysis: A cluster randomised controlled trial Vari Wileman
14:28-14:43			Stress impairs wound healing measured by High-Resolution Ultrasound in Living Kidney Donors Joseph Chilcot	Assessing the effects of volume and content of tobacco control mass media campaigns on monthly calls to the NHS Stop Smoking helpline in England, 2005-2010 Sol Richardson	Which behaviour change techniques are associated with physical activity behaviour in pregnant women? A systematic review and meta-analysis Ellinor Olander	Do children do what they say?: a study objectively measuring 6-7 year olds toothbrushing behaviour Anna Cooper
14:46-15:01			A qualitative exploration of intervention fidelity in the SIPS trial of screening and brief alcohol intervention in Primary Care Eileen Kaner	A double-blind randomised controlled trial evaluating the efficacy of attentional retraining on attentional bias, craving and abstinence in smokers attempting cessation Rachna Begh	PARENT PERSPECTIVES ON REGULATION OF TELEVISION FOOD ADVERTISING TO CHILDREN: A QUALITATIVE STUDY Jean Adams	How to maintain new healthy behaviour? Dominika Kwasnicka
15:04-15:19			Changing the UK's relationship with alcohol: development of the UK's first independent alcohol strategy, and the role of public opinion research Martine Stead	Assessing quality of goal setting in smoking cessation behavioural support interventions delivered in practice and associations with quit attempts Fabiana Lorencatto	Weight Management in Pregnancy: participants' experiences of 'Healthy Eating and Lifestyle in Pregnancy (HELP)', a maternity care intervention for obese pregnant women Dunla Cassidy	Understanding treatment decision-making within the context of self-regulatory failure: A qualitative study in people with psoriasis Rachael Thorneloe

Day 2 - Tuesday 10 December 2013 - Parallel sessions C, 09:50 - 11:05

Chair	n/a	n/a	Justin Presseau	Susan Jebb	Barbara Farquharson	Rosie McEachan
Room						
	Workshop	Workshop	Theory-based interventions	Food choice and dietary inequalities	RCTS, trial logistics, and patient safety	Emotions and knowledge in management of long-term conditions
09:50-10:05	<p>Using the draw of professional football clubs to engage men in making sustained weight and positive lifestyle changes; how, why and for whom is Football Fans in Training (FFIT) effective? (Sally Wkye, Kate Hunt, Cindy Gray)</p> <p>&</p> <p>The only thing I dinnae have any control over is tea, cos she makes it": How do family members feature in men's accounts of taking part in the Football Fans in Training weight-management and healthy-living program? (Alice MacLean)</p>	<p>Real-time investigation of nurses' work stress: work tasks, theoretical determinants and retention (Barbara Farquharson, Derek Johnston, Martyn Jones, Marie Johnston)</p> <p>&</p> <p>How does mood at work contribute to overall feelings of stress? A study of real-time mood during work related to overall perceived stress (Cheryl Bell)</p>	<p>A Brief Psychological Intervention to Reduce Stress-induced Eating: The Self-generated Volitional Help Sheet Daryl O'Connor</p>	<p>"Not just for girls": an exploration of UK newspaper representations of eating disorders in males Laura Walker</p>	<p>Programme fidelity in a large pragmatic trial: findings from a process evaluation of the Strengthening Families Programme 10-14 UK (SFP10-14UK) Jeremy Segrott</p>	<p>A Cochrane systematic review of computer-based self-management interventions for adults with type 2 diabetes Kingshuk Pal</p>
10:08-10:23			<p>Evaluating Theory Use in Behaviour Change Interventions for Young People with Type 1 Diabetes Kieran Ayling</p>	<p>Interventions to promote healthy eating: a systematic review of regulatory approaches Vivien Hendry</p>	<p>Getting the message? Novel methods for process evaluation of a behaviour change intervention delivered by mobile phone Linda Irvine</p>	<p>A systematic review of intervention studies using Health Action Process Approach (HAPA) model components to target behaviours for preventing and managing chronic diseases Jane Smith</p>
10:26-10:41			<p>A dual process model approach in an immediate and a long-term eating outcome Sandra Fernandes-Machado</p>	<p>Developing interventions to encourage the use of front of pack nutrition labelling: insights from previous interventions and in-store food decisions Monique Raats</p>	<p>Developing a feasibility trial of a dietary and physical activity intervention in men with prostate cancer: findings from a systematic review and qualitative interviews Lucy Hackshaw</p>	<p>Understanding the burden of brain disorders: towards a 'horizontal epidemiology' of psychosocial difficulties and their determinants Alarcos Cieza</p>
10:44-11:01			<p>Trial of a theory-based online health behaviour intervention for new university students Paul Norman</p>	<p>Juicy June: can a simple one-month snack swapping intervention promote a healthy diet? Fiona Gillison</p>	<p>Use of theory, evidence and experience to develop "ThinkSAFE": a multi-faceted intervention to promote patient involvement in improving patient safety Susan Hrisos</p>	<p>Women's experiences of hormonal therapy for breast cancer; an exploration of potential influences on medication taking behaviour using the Theoretical Domains Framework Caitriona Cahir</p>

Day 2 - Tuesday 10 December 2013 Parallel sessions D, 12:00 - 13:15

Chair	n/a	Amanda Lewis	Robert West	Ronan O'Caroll	Chris Bundy	Elinor Olander
Room						
	Workshop	Weight management, part 1	Ageing and emotional wellbeing	Health professional and education, and family and social determinants	Complex interventions, novel delivery methods, and trial issues	Problem drinking
12:00-12:15	NPRI: Natural experiments: success and challenges (Ghada Zoubiane and Annie Anderson)	Preliminary results from the 10 Top Tips (10TT) Trial (ISCRTN 16347068): A randomised controlled trial of habit-based advice for weight control in general practice Rebecca Beeken	Health Literacy and Ageing in the English Longitudinal Study of Ageing Lindsay Kobayashi	Daily interactions with significant others and patient symptom fluctuations in CFS/ME Rebecca Band	Development of an evidence-based checking protocol to prevent errors in Radiotherapy treatment delivery Lucy Dwyer	Alcohol assessment & feedback by e-mail for university students: main findings from the AMADEUS-1 randomised controlled trial Jim McCambridge
12:18-12:33		The development of 'Map Me', a visual tool to improve parents' ability to correctly assess their child's weight status Angela Jones	Project ACE: A pilot study of a peer volunteering intervention for promotion of active ageing in the community Afroditi Stathi	GPs don't know what obesity looks like and this reduces their likelihood of initiating treatment Eric Robinson	Getting a foot in the door - experiences of recruitment, acceptability, and fidelity of an antenatal and postnatal intervention to reduce childhood obesity: A feasibility randomised controlled trial Rosie McEachan	Public acceptability of population-level interventions to reduce alcohol consumption Rachel Pechey
12:36-12:51		The efficacy of self-weighing as a standalone weight loss intervention: randomised controlled trial (SCALE DOWN) Claire Madigan	A reciprocal relationship between physical activity and executive function in older adults Julia Allan	User experiences of a behavior change intervention study to improve adherence to glaucoma medication Heidi Cate	Improving the Normalization of Complex Interventions (NoMAD): Developing theory-based tools and measures for multiple users across diverse settings Tracy Finch	Do Televised Alcohol Advertisements Abide by the Rules Regarding the Portrayal of Alcohol in the Code of Broadcast Advertising? David French
12:54-13:09		Systematic development of a scalable and personalised digital intervention to support weight loss maintenance in initially obese adults Falko F Sniehotta	Talking about psoriasis: using creative tasks to explore emotional wellbeing Helen Kitchen		Towards better descriptions of group-based health interventions: a reporting checklist Aleksandra Borek	

Day 2 - Tuesday 10 December 2013 - Parallel sessions E, 14:25 - 15:40

Chair	n/a	n/a	David French	Jamie Hartmann-Boyce	Susan Michie	
Room						
	Workshop	Workshop	Stroke, blood pressure, and stress	Weight management, and physical activity, part 2	Systematic Reviews	n/a
14:25-14:40	CRUK (Anne Helme) & Process evaluations of complex public health interventions: new MRC guidance (Graham Moore)	Collaborating with young people on public health research through a research advisory group (Hayley Reed) & Translating knowledge for healthcare practice: mapping information sources (Sharon Mickan)	'Act FAST' when stroke occurs. Are stroke patients listening to this advice? Lisa Mellon	Multicomponent behavioural weight management programmes v single component programmes: A systematic review and meta-analysis David Johns	A theoretical domains framework analysis of a systematic review of interventions for post-fracture investigation and management of patients at risk of osteoporosis Elizabeth Little	
14:43-14:58			Targets and self-management for the control of blood pressure in stroke and at risk groups(TASMIN-SR): a randomised controlled trial - Assessment of health behaviours Claire Schwartz	The impact of a weight loss intervention (BeWEL) initiated through a national colorectal cancer screening programme Annie Anderson	Implementation of interventions to reduce inappropriate prescribing of antipsychotic medications to people with dementia living in residential care: a systematic review Jo Thompson Coon	
15:01-15:16			The role of Social Networks on Health in Stroke Clare Cooper	Active8! Technology-based intervention to promote physical activity in healthcare employees: a randomised controlled trial Holly Blake	A Systematic Review, Meta-Analysis and Meta-Regression of the use of Financial Incentives to Encourage Uptake of Healthy Behaviours Emma L Giles	
15:19-15:34				Physical activity maintenance in the transition to adolescence: the roles of sport and lifestyle activities in British youth Hannah Brooke	Diabetes prevention in the real world: Systematic review and meta-analysis of the effectiveness of pragmatic lifestyle interventions for the prevention of type 2 diabetes and of the impact of guideline recommendations on effectiveness Colin Greaves	

Day 1 - Monday December 2013 - Poster presentations

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Paul Aveyard	Jean Adams	Ronan O'Caroll	Christine Bundy	Ellinor Olander	Amanda Lewis
1	2	3	4	5	6
<p>A Systematic Review of Ageing and Health Literacy Lindsay Kobayashi</p>	<p>Greater group identification predicts better health: Evidence from cross-sectional and longitudinal research Fabio Sani</p>	<p>Combining Behavioural Activation (BA) and Physical Activity (PA) in the BACPac study Colin Greaves</p>	<p>An evaluation of a self-management programme for patients with long-term conditions conducted within a large scale national quality improvement programme Andy Turner</p>	<p>Mind over Maternity - the associations between pregnant women's health-related behaviours during pregnancy and their characteristic mood and mindfulness Sarah Hennelly</p>	<p>Is pregnancy really a "teachable moment" for making positive changes to diet and physical activity? An Interpretative Phenomenological Analysis study Lou Atkinson</p>
<p>A preliminary study of Mindfulness Based Cognitive Therapy for people with psoriasis Bethany Fordham</p>	<p>A cluster randomised controlled trial of implementation intentions to reduce smoking initiation in adolescents Mark Conner</p>	<p>Theory of Planned Behaviour variables and objective walking behaviour do not show seasonal variation in a randomised controlled trial Stefanie L Williams</p>	<p>Does the Health Foundation's Co-Creating Health chronic obstructive pulmonary disease self-management programme improve patient activation? Andy Turner</p>	<p>Mind the Bump - a novel mindfulness-based complex intervention to optimise women's health-related behaviours during pregnancy Sarah Hennelly</p>	<p>A qualitative study of issues raised in the adaption of a psychosocial self management intervention for South Asian cancer survivors Carol Grant-Pearce</p>
<p>A qualitative exploration into the acceptability of Mindfulness Based Cognitive Therapy for people with psoriasis Bethany Fordham</p>	<p>Developing a theory-based intervention to Reduce the Duration of Urinary Catheterisation and associated urinary tract infections in primary and secondary care settings- The ReDUCE study: A protocol Rashmi Bhardwaj</p>	<p>Ovarian cancer symptom awareness and anticipated help seeking behaviour in women at increased genetic risk Stephanie Smits</p>	<p>Type 2 diabetes are more activated after attending the UK Health Foundation's Co-Creating Health self-management programme. Jo Andersen</p>	<p>Enhanced Invitation Methods to Increase Uptake of NHS Health Checks Lisa McDermott</p>	<p>Long-term behaviour change in families with children who are overweight: a qualitative study Paula Watson</p>
<p>The true cost of living with psoriasis: a Qualitative study on the psychological impact Molly Borthwick</p>	<p>Weight-based judgements, stereotypes and stigma evident in the online discourse on weight and obesity Aoife De Brun</p>	<p>Self reported physical activity in smoking precessation is not protector factor of relapse for all Paquito Bernard</p>	<p>Patients living with depression benefit from attending the Health Foundation's Co Creating Health depression self-management programme Andy Turner</p>	<p>Navigating High Grade Glioma (HGG) patients consultations to shared decision making about oncology treatment. A longitudinal qualitative evaluation Sarah Shepherd</p>	<p>Evaluation of interactive video tutorials to educate first-time hearing aid users - a pilot RCT Paul Leighton</p>

Day 1 - Monday December 2013 - Poster presentations (continued)

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<p>'Understanding healthy lifestyle information: how do adults use their social networks to enhance their health literacy?' Lyn Wilson</p>	<p>The MIMIC Study Understanding the Therapeutic Process: Mechanisms of Motivational Interviewing in Weight Loss Maintenance Lauren Copeland</p>	<p>Patients' perceptions of breathing training exercises for asthma: a qualitative study Emily Arden-Close</p>	<p>An evaluation of the UK Health Foundation's Co-Creating Health self-management programme for patients with chronic musculoskeletal pain Andy Turner</p>	<p>Patient preferences and understanding of technology-enabled personalised physical activity profiles in Primary Care: The Mi-PACT project Max Western</p>	<p>What distinguishes families with lower and higher levels of challenge in a group setting? Findings from the UK trial of the Strengthening Families Programme 10-14 UK Jo Holliday</p>
<p>Adherence to disease modifying anti-rheumatic drugs in patients with rheumatoid arthritis: a qualitative study in two ethnic groups Kanta Kumar</p>	<p>Sales impact of displaying alcohol in end-of-aisle locations: an observational study Ryota Nakamura</p>	<p>Six minutes walk test for individuals with schizophrenia: a systematic review Paquito Bernard</p>	<p>The feasibility and usability of a smart phone application (app) for self management preparation and use in the event of anaphalactic emergency by people with allergies Jo Anderson</p>	<p>Voluntary and community group participation and long-term condition management: How people maintain their membership Mark Jeffries</p>	<p>Does Diabetic treatment type affect patients' beliefs, knowledge and quality of life? Eleanor Massie</p>
<p>Implementing a generic approach to health behaviour change training across a large Scottish Health Board area Rebecca Campbell</p>	<p>Quick to judge: Using experimental methods to explore implicit attitudes towards different genetic conditions and their influence on intentions to undergo genetic testing Ceri Phelps</p>	<p>The role of emotions as a barrier to medication adherence Claire Easthall</p>	<p>A needs analysis of the decisional support and information needs of pregnant women and new mothers who are living with multiple sclerosis Jo Anderson</p>	<p>The effectiveness of technology-based strategies that promote engagement with Digital interventions (Systematic Review Protocol) Ghadah Alkhaldi</p>	<p>Partners' perceptions of success of a local public health collaborative to promote active ageing in the community Hannah Littlecott</p>
<p>Do increases in self-efficacy lead to sustained improvements in diet? A systematic review Tannaze Tinati</p>	<p>Mixed method approach to the development of point-of-purchase prompts for food Erica Thomas</p>	<p>Perspectives of UK South Asian Muslim women whilst participating in a culturally adapted behavioural intervention for diabetes prevention: qualitative study using the theory domain framework Martin White</p>	<p>Inter-professional contact and communication in hospital teams Marta Santillo</p>	<p>Cognitive Bias for Health Threat in Asthma: Risk or Protective Factor? Iana Alexeeva</p>	<p>Could complexity thinking revitalise an ecological approach to infant feeding policy? Heather Trickey</p>
<p>Affective response to exercise during a self-selected intensity and maximal lipid oxidation Ahmed Jerome Romain</p>	<p>Peer support to encourage adoption and maintenance of Mediterranean diet: development of a pilot randomised controlled intervention study protocol Claire McEvoy</p>	<p>Daytime napping impairs cognitive functioning in chronic fatigue syndrome (CFS) Zoe Gotts</p>	<p>Is there an association between adolescents' high caloric food portion size and body mass index? Salwa Albar</p>	<p>Weight Loss Referrals for Adults in Primary Care (WRAP): Protocol for a randomised controlled trial Amy Ahern</p>	<p>Data linkage in behavioural medicine: Following up the Scottish Mental Survey 1947 Caroline Brett</p>

Day 1 - Monday December 2013 - Poster presentations (continued)

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<p>Physical activity and obesity: role of processes of change one year after a week of therapeutic education Ahmed Jerome Romain</p>	<p>Portion, package or tableware size for changing consumption of food, alcohol and tobacco: systematic review Gareth Hollands</p>	<p>Friendly, Flexible and Fun: men's experiences of an exercise group for weight loss Lorena Lozano</p>	<p>Most commonly consumed food by British adolescents: a comparison of portion size and contribution to total energy intake by age and gender Salwa Albar</p>	<p>Developing an SMS text-message based complex intervention for people with hypertension to support treatment adherence in a primary care, low-resource setting Kirsten Bobrow</p>	<p>Needs assessment in cancer: from development to the beginnings of implementation Val Morrison</p>
<p>Exploring attitudes to HPV self-sampling among a sample of Welsh women Denitza Williams</p>	<p>...</p>	<p>The effect of loss- and gain-framed messages together, and the moderating effect of two types of risk perceptions, on attitudes and intention towards MMR vaccination Anna Davies</p>	<p>...</p>	<p>Brief behavioural activation intervention delivered in a community setting for overweight and obese young people experiencing low mood: A feasibility study Bronia Arnott</p>	<p>...</p>

Day 2 - Tuesday 10 December 2013 - Poster presentations

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Justin Presseau	Rosie McEachan	Robert West	Barbara Farquharson	Chair person TBC	Chair person TBC
1	2	3	4	5	6
<p>Are financial incentives for breast feeding acceptable? Clare Relton</p>	<p>Smoking in the home after childbirth Sophie Orton</p>	<p>Doing more versus doing less: is there a theoretical rationale for different mechanisms of change to inform intervention development? Andrea M Patey</p>	<p>The impact of hpv-related attitudes on behaviours of gps and practice nurses: survey results from athens (a trial of hpv education and support) Linda Sharp</p>	<p>The added benefits of behaviour change taxonomies and checklists in service evaluation Fiona Gillison</p>	<p>Predictors of patients' intention and willingness to engage in patient and staff identified safety behaviours in the hospital setting Susan Hrisos</p>
<p>Lower weight loss expectations and healthier eating attitudes in older obese women attempting weight loss Elizabeth Evans</p>	<p>A randomised controlled trial to test the effectiveness of a brief intervention for weight management in primary care Amanda Lewis</p>	<p>Self-delivered interventions to promote weight loss: A systematic review of reviews Jason Tang</p>	<p>A community partnership to support engagement in activity among people at risk of CVD Jacquie Lavin</p>	<p>Comparing content of incentive/reward based interventions for smoking cessation in pregnancy and breastfeeding: What Behaviour change techniques are being used and how do they differ? Stephan U Dombrowski</p>	<p>Capturing the Healthy Ageing Phenotype: Psychological wellbeing Elizabeth Evans</p>
<p>Ethnic differences in physical activity behaviour amongst 2 year old children: Findings from Born in Bradford Sally Barber</p>	<p>Weight Loss Maintenance in Adults: A qualitative evaluation of the WILMA trial Sharon Simpson</p>	<p>The implementation fidelity of diabetes self-management education programs: A systematic review Louise Schinckus</p>	<p>Is an outdoor, playground-based physical activity intervention for pre-school children and their parents feasible in a bi-ethnic, low income population in the UK? Sally Barber</p>	<p>Public Awareness of Cancer in Britain: Data from the Cancer Awareness Measure 2008 - 2012 Emily Power</p>	<p>Assessing the association between smoking cessation and change in psychological wellbeing, using propensity score matching Gemma Taylor</p>
<p>Divergent intentions towards physical activity and sedentary behavior during pregnancy James Newham</p>	<p>Comparison of cotinine levels in pregnant women whilst smoking and using Nicotine Replacement Therapy Katharine Bowker</p>	<p>Influences on the uptake of the NHS Health Check: A qualitative study Caroline Burgess</p>	<p>A qualitative evaluation of an exploratory trial to evaluate the effects of a physical activity intervention to support reduction among disadvantaged smokers not ready to quit: exercise assisted reduction then stop (EARS) Tom Thompson</p>	<p>Self-efficacy, perceived barriers and satisfaction with past screening experiences in breast screening re-attendance: a systematic review Siu Hing Lo</p>	<p>Response Inhibition in Everyday Life. Validating a Mobile Version of the Stop-Signal Task set up on an Android® Smartphone A Jones</p>

Day 2 - Tuesday 10 December 2013 - Poster presentations (continued)

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<p>The HeLP-Diabetes RCT protocol: a randomised controlled trial of an interactive internet-based intervention compared with a standard information website to improve self-management skills in people with type 2 diabetes in primary care <i>Charlotte Dack</i></p>	<p>Behavioural weight management programmes implemented in real-world contexts: A systematic review and meta-analysis <i>Jamie Hartmann-Boyce</i></p>	<p>The development and feasibility of an enhanced audit and feedback intervention to increase the uptake of evidence-based transfusion practice (AFFINITIE study) <i>Natalie Gould</i></p>	<p>Supporting overweight women to manage their weight during pregnancy: the HELP feasibility study <i>Amanda Avery</i></p>	<p>Public attitudes towards help-seeking for suspected cancer symptoms: Data from the Cancer Awareness Measure 2008 - 2012 <i>Emily Power</i></p>	<p>Waterpipe smoking in the UK: attitudes and beliefs of UK students and smoking cessation practitioners <i>Elham Choaie</i></p>
<p>Implementing an internet self-management intervention for type 2 diabetes within the National Health Service <i>Jamie Ross</i></p>	<p>School travel mode, parenting practices and physical activity among Year 5 and 6 children: Implications for changing children's physical activity <i>Russell Jago</i></p>	<p>Development and design of an e learning portal to assess and improve clinicians' knowledge and practice in supporting breastfeeding in Neonatal Units <i>Wendy Higman</i></p>	<p>How effectively do healthcare professionals use handheld computers? A scoping review of systematic reviews <i>Sharon Mickan</i></p>	<p>Examining the effect of a brief ('gist-based') supplementary colorectal cancer screening information leaflet: A multi-centre parallel randomised controlled trial <i>Samuel G. Smith</i></p>	<p>The impact of Expressed Emotion on significant other illness models and dyadic belief incongruence in CFS/ME <i>Rebecca Band</i></p>
<p>Alcohol Policy Interventions in Scotland and England study (APISE): assessing the impact and effectiveness of alcohol control policies <i>Martine Stead</i></p>	<p>The relationship between social disadvantage and smoking behaviour in pregnancy: mediation via nicotine dependence, partners smoking status and maternal age <i>Luis Vaz</i></p>	<p>A randomised trial to examine the feasibility of smoking reduction programmes in pharmacies <i>Amanda Farley</i></p>	<p>Risky single occasion drinking and disadvantaged men: will recruitment through primary care miss hazardous drinkers? <i>Iain K Crombie</i></p>	<p>Psychological mediators of social inequalities in colorectal cancer screening uptake in South East London: a prospective study <i>Nimarta Dharni</i></p>	<p>Mothers' views and experiences of exercise as a treatment for postnatal depression <i>Ruth V Blamey</i></p>
<p>Characteristics of those who engage in lower versus higher levels of sedentary behaviour <i>Stuart Biddle</i></p>	<p>The SIMPLE study: Supporting the Improvement and Management of Prescribing for UTIs <i>Sinead Duane</i></p>	<p>Understanding adults' experiences of internet-based weight loss/maintenance interventions: A qualitative study <i>Jason Tang</i></p>	<p>The bright side and the dark side of cancer <i>Samantha L Quaife</i></p>	<p>The effect of joint pain on exercise-related goal-setting: an N-of-1 randomised controlled trial <i>Tiffany Hamilton-Barclay</i></p>	<p>Effectiveness of mindfulness-based stress reduction and mindfulness based cognitive therapy in vascular disease: A systematic review of randomised controlled trials <i>Rebecca Abbott</i></p>

Day 2 - Tuesday 10 December 2013 - Poster presentations (continued)

Please note: the author listed here is the person identified as the presenter; this was not necessarily the lead author of the submission.

<p>Self monitoring blood pressure (SMBP) in patients with hypertension: Who self monitors and why? Sabrina Grant</p>	<p>ActWELL - a feasibility trial to reduce breast cancer risk factors-formative research Jacqui Sugden</p>	<p>Development of the 'breastfeeding skills' smartphone intervention to improve mothers' self-efficacy and duration of breastfeeding Naomi Bartle</p>	<p>Changes in men's objectively measured physical activity and sedentary behaviour (evidence from men participating in Football Fan's in Training (FFIT)) Craig Donnachie</p>	<p>Psychological after-effects of follow-up for abnormal cervical cytology: a longitudinal study Mairead O'Connor</p>	<p>Behavioural and psychosocial predictors of television viewing in UK older adults Benjamin Gardner</p>
<p>Thematic analysis of cancer survivors' perception of life changes after the HOPE course Liudmila Wright</p>	<p>Systematic Review of Participant-related Predictors of Recruitment and Retention in RCTs Involving Children and Families Louise Robinson</p>	<p>Predicting medication adherence in Rheumatoid Arthritis over six months using a structural equation model of the Self Regulatory Model, Theory of Planned Behaviour and Health Belief Model Lyndsay Hughes</p>	<p>A population study of the relationship between healthy eating and health-, work- and family-related behaviours Justin Presseau</p>	<p>Effectiveness of interventions to promote healthy diet in primary care: systematic review and meta-analysis of randomised controlled trials Alison Wright</p>	<p>Designing effective culturally-competent diabetes care service in primary care: A participatory research study to implement evidence Peter Zeh</p>
<p>What are the psychological, behavioural and physiological consequences of caring for someone with an acquired brain injury Stephen Gallagher</p>	<p>Childhood determinants of adult (33-50y) physical activity patterns Snehal Pinto Pereira</p>	<p>How are the English Stop Smoking Services responding to growth in use of electronic cigarettes? Emma Beard</p>	<p>An exploratory trial to evaluate the effects of a physical activity intervention as a smoking cessation induction and cessation aid among the 'hard to reach': exercise assisted reduction then stop (ears) Tom Thompson</p>	<p>...</p>	<p>...</p>

Lists of poster presentations; the title of the abstract and 'presenting' author are listed. *Please note: the author listed here is the person identified as the presenter; this was not necessarily the lead author of the submission.*

We ask that you check:

1. Whether you have been allocated a chair position for any of the sessions. *Please advise if you are unable to chair your allocated session.*
2. That we have not programmed you to be in two places at the same time. *Please advise us if this has happened so we can amend accordingly.*

PLEASE NOTE THIS TIMETABLE IS SUBJECT TO CHANGE.